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Our desire to experience fear, it seems, is rooted deep in our evolutionary past and can still benefit us today. Scary play, it turns out, can help us overcome fears and face new challenges those that surface in our own lives and others that arise in the increasingly disturbing world we all live in.

[The Evolutionary Reasons We Are Drawn to Horror Movies and ...](#)
[Scientific American: The Evolutionary Reasons We Are Drawn to Horror Movies and ...](#)
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Personality Traits and Horror
 Martin found certain personality traits in his literature review that were associated with the enjoyment of horror. They included sensation seeking, empathy, need for affect, and the dark triad.

[Psychology Today: Horror as a Hobby | Psychology Today](#)
[Psychology Today: the-mind-collector : horror-hobby](#)

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 So Paulo FC has won a total of 41 titles across all competitions. The bulk of these titles came from winning the Campeonato Paulista (the t) Tj T* BT / tadores three times and the FIFA Club World Cup once, defeating Liverpool in 2005.